



CHANNEL ISLANDS

ADVENTURE COMPANY

CHANNEL ISLANDS SEA CAVE KAYAKING ON THE VANGUARD

THIS IS NOT A BOOKING CONFIRMATION.

The information below is only for reference. Please be sure to reference your booking confirmation sent via email for exact times and locations. If you have any questions, please contact the Channel Islands Adventure Company - we will be happy to help you.

Paddling Time and Distance

2.5-3 miles, 2.5-3 hours of island kayaking, total tour time from start to finish is 8.5 hours

Tour Level of Difficulty

Beginner through advanced experience levels welcome. Given that the Vanguard is a monohull boat we do not advise booking this trip if you are prone to seasickness. This tour requires guests to be able to climb up and down an 8-foot ladder to get into the kayak during launching. If you have any questions, please feel free to call our office.

Vanguard Channel Islands Sea Cave Kayak Tour Itinerary

Your morning will begin at the Island Packers ferry dock in OXNARD for check-in between **7-7:15am**. You'll want to look for Channel Islands Adventure Company guides just outside of the Island Packers building. Detailed driving directions will be sent upon booking in your confirmation email.

Your guide will have your tickets. After boarding the boat between **7:30/7:45am** you'll have a safety briefing with the boat captain. The chartered boat will leave by **8am**. On the boat, we will have light snacks available for guests (oranges, apples, muffins, granola bars, etc.). Hot water & coffee are also available. The boat ride is generally 1.5-2 hours but can vary depending on wildlife sightings. **On our Vanguard Sea Cave Kayak tour, you will NOT be landing on the island.**

We provide a paddling instruction/safety talk and distribute all necessary gear before hitting the water. Our guided paddle will explore the coastline, visiting sea caves as permissible based on weather conditions. Every tour route is unique, and changes based on the day's sea conditions to maximize our time around the coves, caves, and wildlife of the island. You'll return to the charter boat after 2.5-3 hours of kayaking. Camping is NOT available on the island after this trip since the charter boat does NOT land at the island.

Before or after your tour, we recommend enjoying a picnic on the boat. **FOOD IS NOT INCLUDED** in your tour. The Charter Boat does have a small galley with light snacks. They are **CASH ONLY**.

Vanguard Sea Cave Kayak Tour Includes:

- 2 person tandem kayaks (we provide single kayaks for single guests or odd numbered bookings)
- Kayaking gear (paddle jackets, helmets and wetsuits as necessary)
- Friendly & knowledgeable guide(s) on natural history and marine ecology
- Basic kayaking instruction

Cost

\$299 per adult

\$289 per child 12 and under

(Group rates available for groups of 8+ \$289 per adult/youth)

Phone: 805-884-WAVE Toll free: (877) 885-WAVE
www.islandkayaking.com or letsgo@islandkayaking.com

These are general guidelines for our Channel Islands Sea Cave Kayak Tour aboard the Vanguard. Please check your confirmation email for specific times, locations and details. REV: 2/20

HOW TO AVOID SEASICKNESS

- 1) **Rest.** A body that is well-rested is better able to handle the stressors associated with traveling.
- 2) **Stability.** Avoid sitting inside in the galley; choose a seat on the lower deck, outside, at the stern of the boat.
- 3) **Sit.** Do not stand. Standing will have your body in a constant state of trying to maintain balance.
- 4) **Focus.** Keep eyes focused on the horizon or on a stationary object that is off in the distance.
- 5) **Don't read.** Reading can trigger a sudden onset of motion sickness.
- 6) **Don't travel on a full or empty stomach.** If you start to feel ill, eat some crackers and a carbonated beverage to settle your stomach.
- 7) **Hydrate.** Dehydration while traveling can aggravate motion sickness. Drink plenty of water.
- 8) **Dramamine or Bonine.** Take an over-the-counter medication for motion sickness or an over-the-counter antihistamine, especially if you are a person that knows they are susceptible to motion sickness. These medications can make you drowsy or cause other side effects so use with caution.

MEETING POINT

Island Packers, Oxnard Harbor, 3550 Harbor Boulevard, Oxnard, CA 93035 Phone: 805-642-1393

Oxnard, CA is about 35 miles south of Santa Barbara, CA. Look for Channel Islands Adventure Company guides just outside of the Island Packers building. Your guide will have your tickets.

For more info: <https://islandpackers.com/oxnard-html/>

If you are struggling to find Island Packers in Oxnard, they are located next door to Seafresh Restaurant (3550 Harbor Blvd, Oxnard, CA 93035) & Captain Hook's Sportfishing. Please keep in mind you'll need to carry all gear from your car to the boat - please pack lightly (limited to 1 bag or small duffel per person).

RETURN TIMES

Arrival time back to Oxnard Harbor varies but should be between 4:30 to 5pm. Your guide will inform you of your return time upon check in.

PARKING

There are no fees for parking. All overnight visitors will need to acquire a parking pass at check in and park in the long-term parking. If you have any questions on where to park please contact Island Packers, the charter boat company.

FOOD

Only a light breakfast is include in your trip, pack snacks & lunch.

There is a snack bar on the boat but we recommend bringing lunch, snacks, and water. The snack bar takes only CASH. We recommend bringing a small snack in a waterproof container to eat during the kayak tour (e.g. granola bar, fruit or trail mix).

WHERE TO BUY FOOD

Here are some options for buying food in or close to Oxnard Harbor:

- 1) **Ralphs** opens at 6am and is a 10-minute drive from Island Packers at 615 W Channel Islands Blvd, Port Hueneme, 93041
There is also a **Starbucks** in the same shopping center.
- 2) **Island Packers Ferry** has some snacks and drinks on board to supplement any food that you bring. They are CASH only.

SUGGESTED PACKING LIST

- Swim suit or swim trunks** - To save time, we recommend wearing your bathing suit under your clothes in the morning; there are minimal private changing areas on the boat & you will need to put on your wetsuit while on the boat. Having on your swimsuit is helpful.
- Water Shoes** – You'll need shoes for climbing the ladder to/from your kayak. Please no flip flops. Old tennis shoes work just fine or sandals with a backstrap (Teva's/Keens/Chacos).
- Sun Protection** – A hat, sunglasses with a neck strap and sunscreen (SPF 30 or higher) is all recommended.
- Water bottle** - 1-quart (or greater) full, we will provide additional potable water
- Clothing** - Synthetic sweatshirt or layers as well as a wind breaker for the boat ride. Please dress in layers, wearing synthetic clothing (avoid cotton if possible). THE BOAT RIDE IS CHILLY, and the galley is small, please dress appropriately for an outdoor boat ride.

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-Towel

-Cash - If you want to tip your guide. It is customary, but always optional, to tip your guide (10-15% is standard).

-Seasickness medication (optional but highly encouraged if you are at all prone to seasickness)

IMPORTANT:

- Although we offer dry bags to help keep gear dry while kayaking, everything on the kayak runs the risk of getting wet.

STORAGE

Please try to minimize your belongings to 1 bag or less per person as space is limited on the boat. Coolers are okay for a family to put their lunch all in 1 cooler. Islands Packers does not allow any bags greater than 45 lbs.

ADDITIONAL NOTES

The Channel Islands National Park is a remote location and there are no medical services on the islands. Please bring any medications you may need and plan accordingly. All of our guides are CPR & First Aid Certified. Channel Island Adventure Company will provide you with a double kayak as they are optimal for the best kayaking experience to be able to see as much as possible. Guests under 12 years old must ride in a double kayak with an adult. This tour has an 8-person minimum; the tour may be canceled if less than 8 people book on any date. **Dangerous conditions may exist at any time of the year, and we cannot guarantee cave exploration.**

WEATHER CANCELLATION POLICY FOR ISLAND PACKERS

In case of unfavorable weather or sea conditions, the charter boat company will cancel at 5:30am on the day of your trip. On the morning of your departure, after 5:30am, please call 805-642-1393 and select option 4 to listen for the status of your trip.

**IF YOU HAVE ANY QUESTIONS, PLEASE DON'T HESITATE TO CALL US!
(805) 884-9283**

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